A Day at Melbourne 2015 - for parents too!

Year 10 to 12 students and their families are invited to come to a special event to explore the University’s vibrant Parkville campus, and find out more about the range of study options available at Australia’s number one university.

Hear from current students about what it’s like to study at Melbourne and come to tailored sessions to learn more about our entry requirements, course structures and other opportunities available to Melbourne students.

A tour of our Southbank campus will also be included in the program for those who wish to visit the Victorian College of the Arts.

This event is ideal for international or domestic students, whether you’re studying locally, interstate or in regional Victoria. It’s a great opportunity to gather information and talk to University staff about all aspects of studying and life at Melbourne.

Find out more about:
- Undergraduate degrees and graduate pathways at Melbourne
- Unique opportunities to enrich your degree such as concurrent diplomas and going on exchange and study abroad
- Admissions and entry requirements
- Access Melbourne and Melbourne Scholarships
- Accommodation options
- How parents can help with the transition to university.

Date and time
Friday 10 July
9am-3.30pm

Location
Parkville campus

REGISTRATION:
http://futurestudents.unimelb.edu.au

SAVE THE DATE
Open Day
Sunday
16 August 2015
10.00am-4.00pm

openday.unimelb.edu.au/
International Consultations

We will be offering 20 minute consultations to international students (years 11 and 12) to speak one-on-one with University staff about their course interests, entry requirements, and more in the upcoming school holidays.

The consultations will be offered between 3pm and 5pm on:

- Tuesday 30 June
- Wednesday 1 July
- Tuesday 7 July
- Wednesday 8 July

Interested international students need to book an appointment via: http://go.unimelb.edu.au/9zen

More Information:
If you have any questions, don’t hesitate to contact Jon Worthen at jworthen@unimelb.edu.au

Focus on Melbourne

Conservatorium of Music

Wednesday 24 June

Victorian College of the Arts

Thursday 25 June

FIND OUT MORE
futurestudents.unimelb.edu.au/explore/events

Subscribe now!

My Melbourne is our monthly newsletter for future students. It’s a great way to keep up to date with what’s happening at the University and find out all about the opportunities available to our students.

Every month, current students contribute to My Melbourne, so you get the inside story about what it’s really like being a student at Melbourne.

Ever wondered what sorts of interesting things our students didn’t expect to learn at uni, or exactly how they felt when they found out they’d been accepted into Melbourne?

Current students will share exam tips, talk about their experiences settling into first year or tell us what it’s like living in college. So sign up to receive My Melbourne every month, and make sure your students do too!

SUBSCRIBE HERE:
blogs.unimelb.edu.au/mymelb

toursearch.unimelb.edu.au

Interstate Student and Family Information Day

Heading to Melbourne for the July school holidays?

The University of Melbourne is holding an information day for interstate students and their families - ideal for senior secondary school students thinking about moving to Melbourne in the next couple of years. Families from your school community may like to consider planning their next trip to Melbourne to include the Interstate Student and Family Information Day?

Thursday 9 July,
The University of Melbourne, Parkville campus

FIND OUT MORE
Lois Carlton
Manager, Student Recruitment
lcarlton@unimelb.edu.au

Registration required:
futurestudents.unimelb.edu.au
The Melbourne JD Showcase

The Melbourne JD Showcase is an annual event designed to give Year 11 and 12 students an interactive experience, combining interesting sample law classes with information about Melbourne Law School and the JD degree. At this one-day workshop expert teachers will hold master classes on legal issues relevant to the interests of VCE students.

Program highlights include:
- Panel discussion with JD students
- So Sue Me! (What is legal Negligence action all about?)
- Dispute Resolution interactive session
- Criminal Law, New Media and Open Justice

Event details
Date: Tuesday 7 July 2015
Location: Melbourne Law School
Time: 9am-3pm
Cost: $20 (includes morning tea and lunch)

Applications for expressions of interest will close on Tuesday 16 June and selection will be advised by email on Tuesday 23 June. Note that expressions of interest are NOT registrations.

Information about the expressions of interest process:
- Open only to year 11 and 12 students and students who have not attended this event in the past. If students have registered for a past JD Showcase but were not able to attend, they can still submit an expression of interest.
- Places are limited. Students need to answer the following question (50 word limit): I would like to attend the JD Showcase because…
- *Fee waivers are available for students experiencing financial need. Please note that those who indicate they would like to be considered for a fee waiver may be contacted for further information or supporting documentation.

EXPRESSIONS OF INTEREST AND ENQUIRIES AT:
law.unimelb.edu.au/jd/future

Bachelor of Environments - Double majors double career outcomes!

Students who are interested in careers in the built environment might consider taking a double rather than a single major, to keep their professional options open.

Double majors
Depending on subject choices, and with careful planning, it is possible to complete a double major in the Bachelor of Environments. Undertaking a double major can provide you with a wide variety of career options at the end of your degree as well as greater flexibility should you choose to go onto complete graduate study.

Doing a double major does not require the completion of additional subjects, and by following the course plans available most combinations of double majors can be completed within the three year (full time) time frame.

Please note that some combinations of double majors have not yet been approved, with those approved are listed below.

Approved Combinations:

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FIND OUT MORE
http://www.benvs.unimelb.edu.au/
New Masters degree launched in collaboration with food and packaging industry.

The Faculty of Veterinary and Agricultural Sciences has worked with the food and packaging industries to create a new Masters degree to drive innovation in these sectors.

The Master of Food and Packaging Innovation combines food science, packaging and product design with business skills like project management and entrepreneurship.

Food, confectionery and beverage manufacturer Mondelēz International identified this as an area that was underserved in tertiary education, and selected the University of Melbourne to create a Masters-level degree.

A cross-disciplinary team of University staff worked with industry advisers and research groups to design the Master of Food and Packaging Innovation.

Vice-Chancellor Glyn Davis said the degree exemplifies the University’s keen interest in working with industry in teaching and research.

“…The Master of Food and Packaging Innovation is exciting because it helps us tackle a number of critical needs – for new answers in global demand for food, for industry ready graduates across every sector, and for closer collaboration between universities and those on the front line of industry,” Professor Davis said.

Amanda Banfield, Mondelēz International Managing Director for Australia and New Zealand, said it was important for large companies to invest in a training and development pipeline to sustain and grow their business.

“While we have been investing internally to make sure we have the best capability possible, we recognise we can greatly benefit ourselves and the industry if we’re able to reach out and perform a role in building industry capability,” Ms Banfield said.

Ms Banfield said she expects graduates will be in high demand.

Professor Ken Hinchcliff, Dean of the Faculty of Veterinary and Agricultural Sciences, said the food and beverage sector required innovative product designers, able to examine and redesign processes to create healthier and better-tasting foods.

“Australian agribusiness will be increasingly focussed on exports to Asia over coming decades,” Professor Hinchcliff said.

“Graduates of this degree will help to develop goods that will appeal to customers in Australia and overseas as well as contributing to innovative packaging design and food safety.”

Story by Stuart Winthrope

Get a UniExperience at Melbourne

Careers practitioners are invited to encourage eligible students to attend UniExperience 2015

UniExperience is a two-day program for Year 11 students who are acknowledged as first in their family to attend university (First in Family), identify as Aboriginal or Torres Strait Islander, or live in rural or border regions. As part of this program students stay on campus in one of the residential colleges and take part in a series of engaging and interactive activities covering all aspects of tertiary study.

The program includes:
- One night accommodation and meals
- Guided campus tours
- Information on Melbourne courses
- Workshops on the transition to university, student support, accommodation and financial options, scholarships and study tips
- Social activities organised by current University of Melbourne students.

Cost: $100 (including GST) covering all meals, overnight accommodation and all materials relating to the program.

Date and time
Thursday 9 July 2015

Location
The University of Melbourne
Grattan Street
Parkville
Melbourne, Victoria

Contact
Leah McGregor
E: leah.mcgregor@unimelb.edu.au
T: 03 8344 7508

Registration: futurestudents.unimelb.edu.au/explore/events

Registrations close on Friday, 19 June 2015
Making elite sport and uni study work

August 7, 2015. This is the day that arts student Hayley Baker has been dreaming about all her life. This is the day that hours and hours of blood, sweat and tears have led to. This is the day when Hayley Baker will represent Australia in the 200m Backstroke at the FINA World Swimming Championships in Kazan, Russia.

A second year arts student and an Elite Athlete Program High Performance scholar at the University of Melbourne, Hayley had the 200 m backstroke swim of her life in early April this year to qualify for her first senior Australian swimming team.

She recalls being “absolutely stunned” looking up at the Sydney Olympic Park scoreboard and realising she had qualified for the World Championships.

“I didn’t really expect that to happen. I was shocked, and very excited.”

Having completed Year 12 at Caulfield Grammar, the Victorian Institute of Sport scholar was well aware of the University of Melbourne’s world-class ranking and wanted to ensure she was well qualified to embark on a career once her time in the pool had ended.

“The University is the best place for me to be when it comes to earning a degree that will set me up for life after swimming. I’m planning to major in politics at this stage, so we’ll see where that takes me”.

Though her eyes are on a bigger prize, Hayley represented the University at 2014’s Australian University Games. She swam in a remarkable six events and won an incredible six gold medals, and also broke three Games’ records along the way. In her first year at the University, she was named its Female Athlete of the Year.

Juggling hours of weekly training and the rigors of studies is no easy feat. It takes a well organised and focused individual to plan for success in both an elite sporting and academic environment. How does she do it?

“It’s good to have two things (swimming and study) to take your mind off one or the other when you’re getting a bit stressed. And having the University’s help to balance both has been really important,” she says.

“Being part of the Elite Athlete Program allows for some assignment deadlines to be pushed back, and I can manage my class attendance (where training or competitions have clashed).”

LEARN MORE ABOUT THE ELITE ATHLETE PROGRAM AT THE UNIVERSITY OF MELBOURNE:

http://futurestudents.unimelb.edu.au
At this time of year it’s natural for parent to wonder if their VCE son or daughter is coping, and what the best parental support strategy is.

Erica Frydenberg is a Principal Research Fellow and Associate Professor in the University of Melbourne’s Graduate School of Education. For many years she has been researching how people cope with stress and the demands of everyday situations across the lifespan – from preschool through to adulthood. She says there are many, many transitions that occur during the period students are doing VCE and it is how they cope with the accompanying challenges that will make the most difference to life outcomes.

“Psychologically, adolescence is a time of new beginnings,” she says. “Some people are scared of the new, and question whether they will have adequate coping strategies, while others see it as a positive opportunity or challenge – with new, as yet unimagined possibilities.”

The end of schooling, when year 12 exams loom, is also a time of great focus, when young people are analysing their goals.

“Ideally, it’s a time for young people to be motivated for the future rather than anxious about it,” she says. “Anxiety is usually counterproductive: a distraction at best, debilitating at worst. Encourage students to focus on what they can control and achieve (for example getting a portfolio ready, doing applications or just working hard for the best results) rather than stressing about future events outside their control.”

Parents can help by encouraging their child to keep a balance between leisure, study and good self-care through nutrition, exercise and sleep, and by working out how they can work best in the time they have allocated to study, rather then throw more and more time at it.

And while getting through year 12 and attaining the dreamed of ATAR score can seem all-important at this stage of life, Professor Frydenberg says students (and parents!) should try to remember this is just one step on the life journey, and a learning opportunity in and of itself, not just a means to an end.

“Sometimes parents are more stressed than students,” she says, “in which case it’s important they don’t absorb the secondary stress of their parents, or for that matter their peers.”

Her mantra for everyone to not only survive but thrive in VCE?

“Keep health company, rather than stress company. The best thing a parent can do is to manage their own stress and be there when required.”
### KEY CONTACT

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<tr>
<th>Name</th>
<th>Position</th>
<th>Contact Details</th>
<th>Events and Management Areas</th>
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